

# Mains

## The George pie.

Beef stewed in our own Old Spot ale, served with seasonal vegetables, a choice of potato and gravy.

£11.50

## Classic Fisherman's pie. (gf)

Haddock, smoked salmon, prawns, peas and carrots in a creamy sauce, topped with mashed potato and grilled Parmesan.

£12.50

## Garlic bread lasagne. (vg)

Layers of garlic bread and home made cheese sauce, served with a fresh side salad and a choice of potato.

£10.50

## Rosemary and garlic glazed chicken. (gf)

Sat on a bed of bubble and squeak, with a butter sauce and seasonal vegetables.

£11.95

## Fish and chips. (gf)

Old spot beer battered haddock, with either chunky chips or french fries and your choice of home made mushy or garden peas.

£11.50

## Herby giant dumplings (vg)

Cooked in a slow cooked mixed bean and lentil stew with a side of garlic crostinis.

£11.95

(gf) = gluten free (vg) = vegetarian (v) = vegan

## Pan fried seabass. (gf)

Seabass fillet pan fried in butter, served with lemon oil grilled pak choi, parmentier potatoes and buttered vegetables.

£12.95

### **Bangers and mash.**

Local butchers sausages sat on homemade mashed potatoes, with buttered seasonal vegetables and an ale stock and red onion gravy.

£11.50

### **Veggie lo mein (gf) (vg)**

Cauliflower, broccoli, courgette, pea and carrot stir fry mix with egg noodles on a bed of crunchy baby gem and finished with toasted sesame seeds.

£11.95

### **Peach and pearl barley salad.(gf) (vg)**

Caramelised peach with compressed cucumber, cooked pearl barley, shredded baby gem, rocket, tomato, basil and chickpeas, dressed with rosemary oil.

£11.50

### **Beef and olive koftas.**

Served with a braised red cabbage, compressed cucumber, toasted walnuts, naan bread and a mint yoghurt dip.

£13.95

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